

The Biomat Store Welcomes the New Richway Poka Poka Belt to its Product Line

The new Poka Poka Belt harnesses the power of Far Infrared Rays, Negative Ions and properties of 8 different gemstones. The Poka Poka Belt then applies these healing energies to specific parts of the body. With the unique belt design the heating element may be held in place at the abdominal region (for gastric distress), or areas like the shoulders, arms, legs, back or the neck to relieve muscle pain or inflammation.



Already Proven as a way to help Reduce Abdominal Fat

I wore the poka poka belt around my waist while working at my desk and watching television at home in the evenings and after just one week lost 2 inches across my waist. The soothing warmth seemed to cause an internal sweat much the same as in a "Core Workout". Also, the sustained warmth in my abdomen increases serotonin output helping to reduce appetite. It is the easiest and most satisfactory way I have found to lose weight.

Eight Precious Jewels Power Up the Poka Poka Belt

Energy workers sensitive to the resonance of different healing crystal have noticed a big difference in the energy coming from the Poka Poka Belt vs. the other Biomats in the Richway Line.

The belt contains Amethyst, and Tourmaline as do other biomats. However, Green Jade, Citrine, Topaz, Elvan and Tiger's Eye also, fill the channels in the Poka Poka Belt.

These precious crystals filter and reemit light at different frequencies causing the organic molecules of the body coming in contact with the Poka Poka belt to vibrate and become very energetic thus producing heating and healing from within.



Specifications

- **POWER:** AC120V (50/60Hz)
- **POWER CONSUMPTION:** 50W (55W Maximum)



- **MAX. TEMPERATURE:** 158F°/70C° with thermostat controls built in the controller and the belt
- **MAT SIZE:** 18 x 8 inches
- **HEATING/JEWELLED AREA:** 14 x 7.5 inches (35 x 19 cm)
- **BELT SIZES (EACH HAVING THE SAME MAT SIZE):** 57 x 5.5 inches (144 x 14 cm)/ XXL SIZE : 65 x 5.5 inches (165 x 14 cm)
- **Registered:** FDA registered medical device #295499
- **Structure:** 8 layers comprising of:
 1. Outer cotton layer
 2. Urethane with silicon
 3. Fiber Glass
 4. Amethyst, Green Jade, Black Tourmaline, Crystal Citrine, Topaz. Tiger-eye, Elvan
 5. Copper texture
 6. Cotton padding
 7. Super fiber
 8. Heating wire. (The interception of harmful EMF)

Hypothermia and Abdominal Fat

People as a result of excessive abdominal fat often suffer high blood pressure, diabetes, and cholesterol, among other modern diseases. One reason abdominal fat increases in our body is related to hypothermia. Our internal organs essentially need warm temperature in order to achieve effective digestion and immunity activities.

However, if our abdominal region becomes cold, our body covers the area with fat in order to maintain temperature and protect the body heat in the abdominal region. Therefore, abdominal fat is generated for the purpose of warmly protecting our organs. If our abdominal region remains at a low temperature, abdominal fat will never completely go away no matter how hard we work out.

Although some people may barely eliminate abdominal fat through workouts and diet, our body will recover the abdominal region with fat if the area remains cold; therefore, a yo-yo weight gain occurs where fat once again covers the abdominal region. In order to permanently get rid of abdominal fat, a smooth and warm far-infrared thermotherapy may be used.

Once our abdominal region is warm, our body decides that the fat in the abdominal area, which acts as a thick blanket, is no longer necessary. Enzymes are then vitalized, burning abdominal fat.

Thermotherapy and Back Aches



Since the back serves as the central axis of our body, it is very sensitive. Both the upper and lower body is affected by backaches, and therefore requires extreme care. Backaches may be caused from excessive workouts and incorrect posture. By controlling such extreme workouts, treating harmful postures, and projecting far-infrared radiation onto the back, the backaches will rapidly reduce.

Enhanced Effects when Combined with the Bio-Mat

An enhanced thermotherapy effect occurs through the increase of serotonin and heat shock protein when thermotherapy is conducted while lying on the bio-mat and directly applying far infrared to the abdominal area with the Poka Poka jewelry belt.

Research shows that serotonin, a neurotransmitter that exists in the brain also exists in the intestines. It is also well known that 90% of the serotonin exists in

the small intestine. Our intestine uses the neurotransmitter, serotonin, to balance the active immune functions of our body.

There are over 500 different types and 100 trillion bacilli living inside our intestines. Among these, there exist beneficial bacteria such as bifidus and lactic acid bacillus, and also harmful bacteria such as clostridium perfringens, bacillus and staphylococcus, our level of immunity increases, while the increase of harmful bacteria leads to the decrease of immunity level.

By warming the abdominal region with smooth far-infrared radiation, the beneficial bacteria will become more active, producing heat shock protein and increasing our level of immunity.

Sizes

- Regular 54" x 6.5"
- Large 76" x 6.5"

Use Care:

- Keep away from moisture, (do not use in humid areas like bathrooms) or use with wet hands
- Do not apply liquids or water while using the Poka Poka. Do not immerse in water.
- Do not use ointments designed to generate heat with the Poka Poka
- Do not wrap Poka Poka or Controller in plastic or cloth while in use; it requires appropriate ventilation
- Controller is a delicate computerized device so handle with care
- Controller can be used only with 120V
- Controller On /off button controls the heating function
- Clean the controller with a dry cloth
- Unplug to clean Controller device
- Disconnect the controller from the outlet and store controller and Poka Poka separately
- Store at room temperature in a cool, dry area
- Use a vacuum to remove dust from Poka Poka
- The Poka Poka can be very hot, so do not place in direct contact with skin
- Poka Poka can be used safely over a long period of time, but if used for prolonged periods be mindful of the possibility of low temperature burns